

# Skate Regina 2022 Summer School Schedule - WEEK 6

For the Week of: **August 8, 2022 (Monday)**

	Mon			Tue			Wed			Thu			Fri
9:00 AM				Jr/Int Freeskate 1 9:00-9:45			Jr/Int Freeskate 1 9:00-9:45			Jr/Int Freeskate 1 9:00-9:45			<b>NO ICE</b>
9:15 AM	Jr/Int Freeskate 1 9:00-9:45				Inter/Sr Jump class 9:15-9:45						Inter/Sr Jump class 9:15-9:45		
9:30 AM													
9:45 AM	Flood			Flood			Flood			Flood			
10:00 AM	Int/Sr <b>EDGE</b> Class 10:00-10:30		Junior/Intermediate Yoga 10:00-10:45	Int/Sr <b>Group</b> Class		Jr/Int Jump class 10:00-10:30	Int/Sr <b>EDGE</b> Class 10:00-10:30			Int/Sr <b>SPIN</b> Class		Jr/Int Jump class 10:00-10:30	
10:15 AM		Jr Prep/Academy Off-ice 10:15-11:00		Int/Sr Freeskate 1 10:15-11:00	Jr Prep/Academy Off-ice 10:15-11:00					Int/Sr Freeskate 1 10:15-11:00	Jr Prep/Academy Off-ice 10:15-11:00		
10:30 AM	Int/Sr Freeskate 1 10:30-11:15						Int/Sr Freeskate 1 10:30-11:15						
10:45 AM				Flood						Flood			
11:00 AM													
11:15 AM	Flood						Flood						
11:30 AM				Jr/Int Freeskate 2 11:15-12:00						Jr/Int Freeskate 2 11:15-12:00			
11:45 AM	Jr/Int Freeskate 2 11:30-12:15				Sr/Pair Freeskate 11:45-12:30 (C6)		Jr/Int Freeskate 2 11:30-12:15				Sr/Pair Freeskate 11:45-12:30 (C6)		
12:00 PM		Sr/Pair Freeskate 12:00-12:45 (BKO)		Jr/Int <b>Group</b> Class 12:00-12:15						Jr/Int <b>Spin</b> Class 12:00-12:15			
12:15 PM	Jr/Int <b>EDGE</b> Class 12:15-12:45			Flood			Jr/Int <b>EDGE</b> Class 12:15-12:45		Sr/Pair Freeskate 12:00-12:45 (BKO)	Flood			
12:30 PM				Open Freeskate 12:30-1:15						Open Freeskate 12:30-1:15			
12:45 PM	Flood						Flood						
1:00 PM													
1:15 PM	Open Freeskate 1:00-1:45			Flood			Open Freeskate 1:00-1:45			Flood			
1:30 PM													
1:45 PM	Flood			Int/Sr Freeskate 2 1:30-2:15			Flood			Int/Sr Freeskate 2 1:30-2:15			
2:00 PM													
2:15 PM	Int/Sr Freeskate 2 2:00-2:45						Int/Sr Freeskate 2 2:00-2:45						
2:30 PM													
2:45 PM													
3:00 PM													
3:15 PM			Intermed/Seniors Off-ice YOGA 3:00-3:45										
3:30 PM													
3:45 PM					Interm/Seniors Off-ice Level 10 2:45-3:45						Interm/Seniors Off-ice Level 10 2:45-3:45		
4:00 PM													